

## BELLEVUE SENIOR **Community Center**



Golden opportunities await a new day!

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041 Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am - 7:30 pm

#### **BOARD OF DIRECTORS**

Ralph Gladbach President

Lauren Kesteloot Vice President

**Shirley Tingley** Secretary

Joe Gamerl Treasurer

Paula Deitering **Voting Member** 

Lisa Summer **Voting Member** 

**Voting Member** 

Dorene Narofsky Voting Member

#### **CENTER STAFF**

Kathy Van Den Top, ENOA, Manager

Dawn Jaixen ENOA, Assistant Manager



#### THE CENTER WILL BE OPENING ON MAY 3 !!

Yes - You read that right! It's been a long wait, but we finally will be able to open our doors for you!

There will be limitations, procedures and guidelines we will be following. We are working on a re-opening plan with ENOA, keeping your Mary Jo Hopfensperger safety as well as ours a top priority.

> We will start off slowly and work up to a more full time status. Your cooperation is greatly appreciated, and this will allow us to have more activities as long as everyone does their part to stay safe. We are so excited to see you next month! More information will be in our May newsletter!



Cheers Kathy and Dawn

#### IN THIS ISSUE:

Page 2: Center News

Page 3:

Word Search

Page 4: **April Birthdays** 

Pages 5:

Activity Calendar

Page 6: Easter Fun

Page 7:

Easter Lunches



Spring brings new hope and a fresh start after the cold season. April showers wash away the dreary winter and prepares for a new look! Embrace the changes that this new season will bring us! Don't let the little things in life get you down. Instead use it as a step up to better yourself.





**BREAKFAST IN BED?** Well not exactly, but you can pick it up in your pajamas! You don't even need to get out of your car – just drive up and we will bring your breakfast to you. For only \$3.00, you will get a delicious breakfast and juice. Breakfast will be served on Wednesday, April 21st at 9:00 am. Please call by

Monday, April 19<sup>th</sup> to reserve your meal.

# Re-Opening the Center!

The May newsletter will have more information. Here's some guidelines we will have in place:

- Masks will be required even if you have had a vaccine. 1.
- The hours and activities will be limited the first month. 2.
- Lunch will only be Grab & Go in the first month. 3.
- There will be daily temperature checks and wellness screenings. 4.
- 5. Your cooperation is expected and appreciated in these changing times.
- Above all your health and safety and wellness for our volunteers and staff is our number one priority!!





# Some Bunny loves you....

and he will be dropping off some EGGTRA-SPECIAL goodies just for you! Please call us before noon on Friday, April 2 so we can tell the bunny who will be stopping by. On **Monday, April 5**<sup>th</sup> at 2:00 pm, drive through the alley for a little goodie basket. We HOP to see you there!

# Easter Word Search



Basket
Bonnet
Bunny
Candy
Chicks
Chocolate
Daffodil
Decorate
Ducks

Dye
Easter
Egg Hunt
Eggs
Family
Flowers
Grass
Happy
Jellybeans

Lily
Parade
Peeps
Rabbit
Spring
Sunday
Tradition
Tulips



# APRIL BIRTHDAYS

- 2. Rene Pinault
- 3. Kathy Kress
- 5. Ann Anderson
- 8. Barbara Hampton
- 10. Lois Heckman & Renee Kenny
- 11. Jerry Chamberlen & Art Coburn
- 12. Vinh Luc
- 13. Jan Wolterman & Patsy Doughty
- 14. Diane Jackson
- 15. Mike Donovan & Brenda Behrens
- 17. John Leonovicz
- 18. Doug Lorence & Irene Switajewski
- 20. Michelle Thompson
- 21. Larry Gross
- 23. Mary Moore
- 24. Ralph Gladbach
- 25. Jim Gaines
- 26. Nancy Thompson
- 27. Carolyn Hess
- 30. Allen Branco









### Did you know these facts about April?

- \*April was the second month in an early Roman calendar, but became the fourth when the ancient Romans started using January as the first month.
- \*April is named for the Greek goddess of love, Aphrodite.
- \*The name for the month of April originally came for Aprilis which means to open.
- \*Small animals that hibernate will start to come out of their burrows in April. The birds fly back northward and settle down to have their families.
- \*The bees and butterflies begin to gather nectar from the first flowers of the season.
- \*In some parts of the world, it is planting time, while in other parts, it is the harvest season.
- \*April is Humor Month, so laugh it up!
- \*The birthstone for April is the diamond.
- \*The zodiac signs are Aries (March 21 April 19) and Taurus (April 20-May 20).
- \*The birth flowers for the month of April are the sweet pea and the daisy.





#### What makes us think of April

| Monday                 | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---------|-----------|----------|--------|
| April<br>Fool's<br>Day |         |           | TAXES    |        |

## **April Spring Cleaning Ideas**

| Monday                 | Tuesday                             | Wednesday                          | Thursday             | Friday                         |
|------------------------|-------------------------------------|------------------------------------|----------------------|--------------------------------|
|                        |                                     |                                    | Dust!                | 2<br>Sort seasonal<br>clothes. |
| 5                      | 6                                   | 7                                  | 8                    | 9                              |
| Sort your shoes        | Organize your closet                | Repair or throw out torn           | Organize your        | Clean out the junk             |
|                        |                                     | clothes                            | medicine cabinet     | drawer                         |
| 12                     | 13                                  | 14 Vacuum furniture                | 15                   | 16<br>Clean the oven           |
| Toss out old magazines | Mop your floors                     | Vacadilitation                     | Clean out the fridge |                                |
| 19                     | 20                                  | 21                                 | 22                   | 23                             |
| Wash windows           | Go through office papers            | Organize your spice rack           | Wash your comforters | Wipe down walls                |
| 26                     | 27                                  | 28                                 | 29                   | 30                             |
| Throw away junk items  | Donate useable items  Joy of Miving | Organize mugs, glasses, plates etc | Wash throw rugs      | Enjoy a beautiful clean home!  |

Page 7 April 2021



## **HOPPY EASTER FUN!**



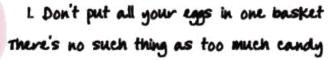








## TIPS from the Easter Bunny



- 3. Some body parts should be floppy
- 4. An Easter bonnet can tame even the wildest have
  - 5. The grass is always greener in someone else's basket
- 6. Let happy thoughts multiply like rabbits



# April Grab and Go Lunches

|                           | •                          |                            | Thursday                                | Friday                      |
|---------------------------|----------------------------|----------------------------|---|-----------------------------|
|                           |                            |                            | 4/1/2021                                | 4/2/2021                    |
|                           |                            | Ground Beef Stew with      | Baked Cod Loin in                       |                             |
|                           |                            |                            | Vegetables                              | Pesto Cream Sauce           |
|                           |                            |                            | Chuckwagon Corn                         | Diced Sweet Potatoes        |
|                           | Cho. no                    | 5                          | Cinnamon Pear Slices                    | Green Peas                  |
|                           |                            |                            | WG Mini Biscuit/Marg                    | Marble Bread/Marg           |
|                           | 3                          |                            | 1% Milk                                 | Banana Muffin Square        |
|                           |                            |                            | .,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | 1% Milk                     |
|                           | 10                         |                            |   | 170 111111                  |
|                           |                            | -                          | Thursday                                | Friday                      |
| 4/5/2021                  | 4/6/2021                   | 4/7/2021                   | 4/8/2021                                | 4/9/2021                    |
|                           | Cheesy Chicken             | 47772021                   |   |                             |
| Sloppy Joe Sandwich       | Breast                     | Roast Beef & Gravy         | Creamed Chicken Gravy                   | BBQ Pork Rib Patty          |
| Seasoned Potato<br>Wedges | Fiesta Rice                | Garlic Mashed<br>Potatoes  | Diced Baby Red<br>Potatoes              | BBQ Baked Beans             |
| Mixed Vegetables          | Fiesta Bean Trio           | Roasted Baby Carrots       | Broccoli                                | Cauliflower                 |
| WG Hamburger Bun          | WG Breadstick/Marg         | Honey Wheat<br>Bread/Marg  | Buttermilk Biscuit                      | WG Coney Bun                |
| Tropical Fruit Mix        | Fruit Cocktail             | Plain Cake Square          | Peaches                                 | Mandarin Oranges            |
| 1% Milk                   | 1% Milk                    | 1% Milk                    | 1% Milk                                 | 1% Milk                     |
| . , ,                     | . , ,                      | . , ,                      | .,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | . , ,                       |
|                           |                            |                            |   |                             |
| Monday                    | Tuesday                    | Wednesday                  | Thursday                                | Friday                      |
| 4/12/2021                 | 4/13/2021                  | 4/14/2021                  | 4/15/2021                               | 4/16/2021                   |
| Lauran Banan Okialan      | Hambana Batta              | Davida Olasas Isa Ossasas  | Owner die la Maradia alla               | Hambara Biana Barata        |
| Lemon Pepper Chicken      | Hamburger Patty            | Pork Chop in Gravy         | Swedish Meatballs                       | Hamburger Pizza Pasta       |
| Breast                    | Cheesy Hashbrowns          | 1/2 Baked Potato           | Mashed Potatoes                         | w/ Pepperoni & WG<br>Rotini |
| Brown Rice                | Mixed Vegetables           | Winter Blend<br>Vegetables | Diced Glazed Beets                      | Corn                        |
| Zucchini & Tomatoes       | WG Hamuburger Bun          | WG Bread Slice/Marg        | Petite Roll/Marg                        | Italian Blend<br>Vegetables |
| WG Breadstick/Marg        | Ambrosia Fruit Salad       | Plain Cake Square          | Strawberry Applesauce                   | Italian Roll/Marg           |
| Chocolate Chip Muffin     | Lettuce & Tomato<br>Slice  | C Sour Cream PC            | 1% Milk                                 | Diced Pears                 |
| 1% Milk                   | 1% Milk                    | 1% Milk                    |   | 1% Milk                     |
|                           |                            |                            |   |                             |
| Monday                    | Tuesday                    | Wednesday                  | Thursday                                | Friday                      |
| 4/19/2021                 | 4/20/2021                  | 4/21/2021                  | 4/22/2021                               | 4/23/2021                   |
| Ball Park Bratwurst       | Taco Meat                  | Meatballs & Gravy          | Beef Ravioli & Marinara                 | Sweet & Sour Chicken        |
| Shredded Sauerkraut       | Refried Beans              | Stewed Tomatoes            | Carrots                                 | Brown Rice                  |
| Seasoned Potato           |                            |                            |   |                             |
| Wedges                    | Glazed Pineapple           | Mashed Potatoes            | Mixed Fruit                             | Cauliflower                 |
| WG Mini Hoagie Bun        | Lettuce,Tomato,Chees<br>e  | WG Bread Slice/Marg        | WG Breadstick/Marg                      | Cinnamon Raisin Bread       |
| Fresh Orange              | 8" Flour Tortilla Shell    | Applesauce                 | Romaine Blend Salad                     | Diet Jell-O Cake            |
| 1% Milk                   | Taco Sauce PC              | 1% Milk                    | Dressing PC                             | 1% MIIk                     |
|                           | 1% Milk                    |                            | 1% Milk                                 |                             |
| Monday                    | Tuesday                    | Wednesday                  | Thursday                                | Friday                      |
| 4/26/2021                 | 4/27/2021                  | 4/28/2021                  | 4/29/2021                               | 4/30/2021                   |
| Turkey Tetrazini with     | 10 Grain Fish Filet        | Country Fried Steak w/     | Meatloaf in Gravy                       | Baked Ham                   |
| WG Pasta                  | Diced Baby Red             | Country Gravy              | Twice Baked Whip                        | Potato Medley               |
|                           | Potatoes                   |                            | Potatoes                                |                             |
| Green Peas                | Spring Blend<br>Vegetables | Mashed Potatoes            | Green Beans                             | Winter Blend Veggies        |
| Chuckwagon Corn           | Marble Rye/Marg            | Mixed Vegetables           | Sourdough Roll/Marg                     | WG Dinner Roll/Marg         |
| WG Dinner Roll/Marg       | Peanut Butter Cookie       | Vienna Bread/Marg          | Oatmeal Cream Pie                       | Cherry Muffin Square        |
| Diced Peaches             | Tartar Sauce PC            | Sliced Pears               | 1% Milk                                 | 1% Milk                     |
| 1% Milk                   | 1% Milk                    | 1% Milk                    |   |                             |
| 1                         | İ                          | 1                          | 1                                       | į l                         |

Bellevue Senior Community Center 109 W. 22nd Avenue Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to ONLY \$2.00 a month!

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June  $30^{th}$ , 2021.



# Be the first to hear the news!