



April Hot Meal Options

				Friday 4/1/2022
				Baked Cod Loin in Pesto Cream Sauce Baked Sweet Potato Green Peas* Marble Bread/Marg Sliced Peaches 1% or Skim Milk
Monday 4/4/2022	Tuesday 4/5/2022	Wednesday 4/6/2022	Thursday 4/7/2022	Friday 4/8/2022
Sloppy Joe* Sandwich on WG Hamburger Bun Potato Wedges* Mixed Vegetables* Cinnamon Pear Slices 1% or Skim Milk	Cheesy Chicken Breast Fiesta Rice Fiesta Bean Trio WG Breadstick/Marg Fruit Cocktail 1% or Skim Milk	Sliced Roast Beef & Gravy Garlic Mashed Potatoes Roasted Baby Carrots Honey Wheat Bread/Marg Strawberry Shortcake w/ Whipped Topping or Plain White Cake 1% or Skim Milk	Creamed Chicken Gravy over Buttermilk Biscuit Diced Baby Red Potatoes Broccoli* Oatmeal Raisin Cookie or Diet Cookies 1% or Skim Milk	Breaded Fish Wedge* Sandwich w/ Tartar Sauce Leaf Lettuce & Tomato BBQ Baked Beans Cauliflower* WG Coney Bun Mandarin Oranges 1% or Skim Milk
Monday 4/11/2022	Tuesday 4/12/2022	Wednesday 4/13/2022	Thursday 4/14/2022	Friday 4/15/2022
Lemon Pepper Chicken Breast over Brown Rice with Bell Pepper Zucchini & Tomatoes* WG Breadstick/Marg Chocolate Chip Muffin or Diet Cookies 1% or Skim Milk	Cheeseburger* on WG Hamburger Bun w/ Leaf Lettuce, Sliced Tomato Red Onion & Pickle Slices Cheesy Hashbrowns Ambrosia Fruit Salad 1% or Skim Milk	Baked Ham* Baked Potato/Sour Cream PC Winter Blend Vegetables* WG Bread Slice/Marg Decorated Birthday/Easter Cake or Plain White Cake 1% or Skim Milk <i>Easter Dinner</i>	Swedish Meatballs Mashed Potatoes Diced Glazed Beets Petite Roll/Marg Diced Pears 1% or Skim Milk	Cheesy Tuna & WG Macaroni Casserole Romaine Blend Salad/Dress Peas & Carrots* Italian Roll/Marg Applesauce 1% or Skim Milk <i>Good Friday</i>
Monday 4/18/2022	Tuesday 4/19/2022	Wednesday 4/20/2022	Thursday 4/21/2022	Friday 4/22/2022
Ball Park Bratwurst* Shredded Sauerkraut Seasoned Potato Wedges* WG Mini Hoagie Bun Fresh Orange 1% or Skim Milk	Taco Salad Taco Meat*, Shred Cheese, Diced Tomato, Diced Onion over Iceberg Lettuce Black Beans & Tortilla Chips Glazed Pineapple or Tidbits Sour Cream/Taco Sauce PC	Breakfast for Lunch! Western Omelet w/ Ham* Cheese, Peppers & Onion Cheesy Hashbrown Potatoes Fresh Banana Orange Juice Cinnamon Roll	Beef Ravioli with Marinara Sauce Carrot Coins* Romaine Blend Salad/Dress Garlic Bread Fruit Mix 1% or Skim Milk	Sweet & Sour Chicken Breast Brown Rice Pilaf Cauliflower* Cinnamon Raisin Bread/Marg Jell-O Cake or Diet Jell-O Cake 1% or Skim Milk
Monday 4/25/2022	Tuesday 4/26/2022	Wednesday 4/27/2022	Thursday 4/28/2022	Friday 4/29/2022
Turkey Tetrazini with WG Pasta Green Peas* Chuckwagon Corn WG Dinner Roll/Marg Diced Peaches 1% or Skim Milk	10 Grain Fish Filet* Tartar Sauce PC Diced Baby Red Potatoes Spring Blend Vegetables Marble Rye/Marg Tropical Fruit Mix 1% or Skim Milk	Country Fried Steak* with Country Gravy Mashed Potatoes Mixed Vegetables* Vienna Bread/Marg Sliced Pears 1% or Skim Milk	Meatloaf in Gravy Twice Baked Mash Potatoes Green Beans* Sourdough Roll/Marg Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Pork Chop w/ Gravy Potato Medley Winter Blend Vegetable* WG Dinner Roll/Marg Apple Cinnamon Muffin 1% or Skim Milk

April Deli Options

				4/1/2022
				BLT Salad Chopped Bacon, Diced Tomato over Mixed Greens Housemade Croutons 100% Fruit Punch Sliced Peaches 1% or Skim Milk
Monday 4/4/2022	Tuesday 4/5/2022	Wednesday 4/6/2022	Thursday 4/7/2022	Friday 4/8/2022
Creamy Cheese Tortellini over Mixed Greens w/ Grape Tomato & Black Olive Crackers(2pk) Cinnamon Pear Slices 1% or Skim Milk	Three Meat Hoagie Turkey, Ham, Roast Beef American Cheese w/ Lettuce & Tomato Pea Salad Fruit Cocktail 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Crackers (2pk)/Apple Juice Strawberry Shortcake w/ Whipped Topping or Plain Cake Square 1% or Skim Milk	Ham & Swiss Cheese on WG Bread w/ Lettuce & Tomato Carrot Raisin Salad Oatmeal Raisin Cookie or Diet Cookies 1% or Skim Milk	Roast Beef Chef Salad Roast Beef, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Crackers (2pk) 100% Apple Juice Mandarin Oranges 1 % or Skim Milk
Monday 4/11/2022	Tuesday 4/12/2022	Wednesday 4/13/2022	Thursday 4/14/2022	Friday 4/15/2022
Crab Salad on Marble Bread w/ Lettuce & Tomato Cowboy Caviar Chocolate Chip Muffin or Diet Cookies 1% or Skim Milk	Deli Chicken & American Cheese on Vienna Bread w/ Lettuce & Tomato Buffalo Potato Salad Ambrosia Salad 1% or Skim Milk	Chicken Caesar Salad w/ Croutons & Caesar Dressing over Mixed Greens 100% Grape Juice Decorated Birthday Cake or Plain White Cake 1% or Skim Milk	Turkey & Swiss on 1/2 Ciabatta Bun w/ Lettuce & Tomato Broccoli Salad Diced Pears 1% or Skim Milk	Classic Chef Salad Turkey, Ham, Diced Egg American & Grape Tomatoes over Mixed Greens Crackers (2pk) 100% Apple Juice Applesauce 1% or Skim Milk
Monday 4/18/2022	Tuesday 4/19/2022	Wednesday 4/20/2022	Thursday 4/21/2022	Friday 4/22/2022
Roast Beef & Cheddar on Wheat Bread w/ Lettuce & Tomato Cowboy Caviar Fresh Orange 1% or Skim Milk	Turkey Chef Salad Diced Turkey, Diced Egg Amer. Cheese & Grape Tomatoes over Mixed Greens Crackers(2pk) 100% Fruit Punch Glazed Pineapple or Tidbits 1% or Skim Milk	Lemon Pepper Tuna Salad on Honey Wheat Bread w/ Lettuce & Tomato Potato Salad Fresh Banana 1% or Skim Milk	Teriyaki Chicken Strips Shredded Carrots & Chow Mein Noodles over Mixed Greens with Asian Dressing Crackers(2pks) 100% Orange Juice Fruit Mix 1% or Skim Milk	Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Jell-O Cake or Diet Jell-O Cake 1% or Skim Milk
Monday 4/25/2022	Tuesday 4/26/2022	Wednesday 4/27/2022	Thursday 4/28/2022	Friday 4/29/2022
Black & Bleu Salad Roast Beef, Blue Cheese Caramelized Red Onion over Mixed Greens Tomato Wedges Crackers & 100% Grape Juice Diced Peaches 1% or Skim Milk	Egg Salad on Croissant w/ Lettuce & Tomato Coleslaw Tropical Fruit Mix 1% or Skim Milk	Turkey & Cheddar on Kaiser Bun w/ Lettuce & Tomato Marinated Vegetable Salad Sliced Pears 1% or Skim Milk	BLT Salad Chopped Bacon, Diced Tomato over Mixed Greens Housemade Croutons 100% Fruit Punch Oatmeal Cream Pie or Diet Cookies 1% or Skim Milk	Deli Sliced Chicken & American Cheese on WG Bread w/ Lettuce & Tomato Bleu Cheese Coleslaw Apple Cinnamon Muffin 1% or Skim Milk