



# BELLEVUE SENIOR

*Community Center*

*Golden opportunities await a new day!*

109 W. 22<sup>nd</sup> St. Bellevue, NE 68005 (402) 293-3041  
Monday-Friday 8:00 am - 4:00pm



## BOARD OF DIRECTORS

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**Hello People!**

April is Volunteer Appreciation Month. We are so lucky and blessed to have so many volunteers at the center. Some you see – like the front desk receptionists, bingo callers, collecting for the 50/50 or those helping at lunch. But what about behind the scene? Wrapping silverware, working on baskets for the fundraiser, organizing the library, the Nifty Nook and the greeting cards or picking up donuts and Panera?

It takes a lot of teamwork to provide all the fun activities and events that we have. Please always take time to let them know they are appreciated !

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## CENTER STAFF

Kathy Van Den Top,  
*ENOA, Manager*

Dawn Jaixen  
*ENOA, Assistant Manager*

**Cheers!**  
Kathy and Dawn



# CHECK THIS OUT!

**Throwback Thursdays!** During the month of April, go to the back of your closet and find some of those old styles you thought you might not wear again! Everything comes back in style! We have lots of different age groups so we should cover a lot of decades!

**THROW  
BACK  
THURSDAY**

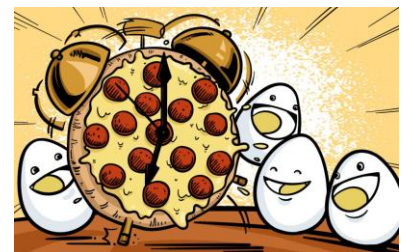


**Card Crafting!** The Art Room Class this month is greeting cards. They will be offering a variety of types to make including embroidery, and stamping. We have all the supplies you need. Just come on down and join us! Classes are **every Monday from 9:30- 11:30 am.**

**Senior Olympics!** This is our 4th year competing and representing our center! For only \$10.00 you get a fun filled day of friendly competition, a tee-shirt, donuts, lunch, prizes and a guaranteed good time! The event is Wednesday, May 7<sup>th</sup> at 9:30 but **you must register and pay by April 15<sup>th</sup>** You won't want to miss out on this one!



**Set your alarm and don't be late! Our Breakfast Pizza is pretty great!** Where else can you find a flat bread pizza with sausage gravy, eggs, mushrooms and cheese, coffee, juice and fruit, served with a smile? And for only \$4.00! Join us for breakfast on **Wednesday April 30<sup>th</sup> at 9:00 am.** Reserve your meal 2 days in advance.



**Have you heard of Mahjong ?** It is a fun and popular game that tasks you with solving a tile-matching puzzle before you run out of moves. Our group has been growing and they love to teach new people how to play. They meet **every Monday at 1:00 pm.** Come check it out!

**Our February 50/50 winner was.....Pat Cox!! She won \$144.00 and gave \$44 back. So the center took in \$188.00!** Thank you to everyone who played



# Mark your Calendar



**Senior Living 101** Lisa Summers-Benak will be here to help you understand the different levels of care available as we age. She has been working with seniors for many years and is always happy to share her knowledge. Grab a seat on **Wednesday, April 9<sup>th</sup> at 11:00 am** for this informative session.

**Bingo Caller Make Me Hollar...BINGO!** Lisa will be back to call her Lucky Lady Lisa's Bingo at **9:30 on Thursday, April 10<sup>th</sup>**. Hillcrest will be calling Bingo on **Thursday, April 24<sup>th</sup> at 10:30**. As always, come early and stay for lunch!



**It's not a rain check, it's a Blizzard check!** Papillion Landing 55 has rescheduled coming to play volleyball with us. They will be here at 9:30 on Wednesday, April 16<sup>th</sup>. Even if you haven't played before, you can still join in the fun!

**Homestead Exemption Appointments!** You must call ahead to make an appointment with VAS – Volunteers Assisting Seniors. They will meet with you at the center in regards to your property taxes. The spots are limited, so call **402-444-6617** today! They will be here on Tuesday, April 29<sup>th</sup> from 9:00 –noon.



**Hippity, Hoppity! It's Bunny Bingo Time!** HOP on over for an afternoon of Bingo! SomeBUNNY has been shopping for some EGG-cellant prizes. EveryBUNNY is invited. It will be an EGGciting time for sure! Mark your calendar for **Monday, April 14<sup>th</sup> at 1:00**. Be sure to come early for lunch!

**11 at 11.** Listen to an a very informative nutrition presentation on **Friday, April 11<sup>th</sup> at 11:00** by Nicole Gruber, certified nutritionist. She will also be able to set up time slots for a personal consultation.



# APRIL BIRTHDAYS








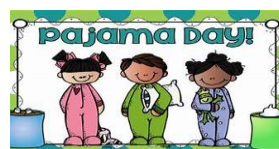









- 1- Bernita Follmer
- 2- Ray Pinault & Betsy Conway
- 2- Jeanette Gaudreau
- 7- Phyllis Sidzyik
- 10- Lois Heckmann & Bob Brown
- 11- Art Coburn
- 12- Sharon Allen & Tim Allen
- 13- Patsy Doughty
- 14- Vicki Snogren
- 15- Brenda Behrens
- 16- Ginette Carpenter
- 17- John Leonovicz & Marlene Mahlstedt
- 18- Doug Lorence
- 21- Barb Younger
- 24- Connie Minkler
- 25- Jim Gaines
- 26- Dan Nietfield
- 27- Carolyn Hgess
- 30- Allen Branco



Monday	Tuesday	Wednesday	Thursday	Friday
8:30 Chair Volleyball 9:00 Needle Crafters 9:30 Art Class 10:15 – Tai Chi 12:30 – Hand & Foot 1:00 -Poker 1:00–Mahjong	9:30- Painting 10:00 – Exercise 12:15 -Bridge Groups 12:45- Dominoes	8:30 – Chair Volleyball 9:00 – 3:00 Painting Group 10:15 – Tai Chi 1:00 – Poker 12:30 – Hand & Foot	8:00 - Woodcarvers 10:00 -Bridge Groups 12:45 Bridge Groups	8:30- Chair Volleyball 9:30 – Painting & Drawing 10:30 – Exercise 11:00 – Bridge Class <b>12:45 .25 Bingo</b>

Activities for the Month of **APRIL**

Monday- Dunkin Donuts 11:00	Tuesday	Wednesday Panera Bread	Throwback Thursday	Friday Panera Bread
	1 Join in a game of Dominoes!	2	3 National Find a Rainbow Day 	4
7 National Beer Day 	8	9 11:00 – Senior Living 101 Presentation 	10 9:30 Lucky Lady Lisa’s Bingo 	11 10:00 Book Club 11:00 Nutrition 
14 1:00 Bunny Bingo 	15 TAX DAY 	16 9:30 Papillion 55 Volley Ball 	17 10:30 Senior Advisory  National Banana Day	18 National Exercise Day 
21 7:00 Alzheimer’s Support Group  VOLUNTEER APPRECIATION WEEK!	22	23 Closing at 3:00! 	24 10:30 Hillcrest Bingo  National Pigs in a Blanket	25
28	29 9-12 Homestead Exemption By APPT ONLY 	30 9:00 Breakfast Pizza 		Buying Raffle Tickets is a great way to support the center! 

# APRIL HOT MENU

	<b>Tuesday</b> <b>4/1/2025</b>	<b>Wednesday</b> <b>4/2/2025</b>	<b>Thursday</b> <b>4/3/2025</b>	<b>Friday</b> <b>4/4/2025</b>
	Chicken Breast in Creamy Spinach & Artichoke Sauce	Baked Ham	Fiesta Joe Sandwich on WG Hamburger Bun	Breaded Fish Wedge Sandwich w/ Tartar Sauce
	Wild Rice	Baked Potato/Sour Cream PC	Potato Wedges	Leaf Lettuce & Tomato
	Diced Carrots	Brussels Sprouts	California Blend Vegetables	Chuckwagon Corn
	WG Breadstick/Marg	WG Dinner Roll/Marg	Cinnamon Pear Slices	WG Coney Bun
	Fruit Cocktail	Fruited Diet Jell-O	1% or Skim Milk	Mandarin Oranges
	1% or Skim Milk	1% or Skim Milk		1% or Skim Milk
<b>Monday</b> <b>4/7/2025</b>	<b>Tuesday</b> <b>4/8/2025</b>	<b>Wednesday</b> <b>4/9/2025</b>	<b>Thursday</b> <b>4/10/2025</b>	<b>Friday</b> <b>4/11/2025</b>
Cheesy Fiesta Chicken Burrito Bowl with Brown Rice & Pico de Gallo	Cheeseburger on WG Hamburger Bun w/ Leaf Lettuce, Sliced Tomato	Sliced Roast Beef & Gravy	Swedish Meatballs	Breakfast for Lunch!
Fiesta Bean Trio	Onion & Pickle Slices	Garlic Mashed Potatoes	Potato Medley	Cheese Omelet with Cheese Sauce
Sour Cream PC	Cheesy Hashbrowns	Roasted Baby Carrots	Diced Beets	Potatoes O'Brien
Fudge Round or Diet Cookies	Fruit Fluff	Vienna Bread/Marg	Petite Roll/Marg	Blueberry Muffin
1% or Skim Milk	1% or Skim Milk	Decorated Birthday Cake or Plain Cake Square	Diced Pears	Cinnamon Applesauce
		1% or Skim Milk	1% or Skim Milk	1% or Skim Milk
<b>Monday</b> <b>4/14/2025</b>	<b>Tuesday</b> <b>4/15/2025</b>	<b>Wednesday</b> <b>4/16/2025</b>	<b>Thursday</b> <b>4/17/2025</b>	<b>Friday</b> <b>4/18/2025</b>
Polish Sausage	National Ham Day	Unstuffed Pepper	Meatloaf in Tomato Gravy	Animal Cracker Day
Shredded Kraut & Cabbage	Chicken Breast with Cordon Bleu Sauce	Casserole w/ Brown Rice	Twice Baked Mash Potatoes	10 Grain Fish Filet
Potato Wedges	Diced Baby Red Potatoes	Brussels Sprouts	Green Beans	Tartar Sauce PC
WG Mini Hoagie Bun	Broccoli Cuts	Peas & Carrots	Sourdough Roll/Marg	Diced Sweet Potatoes
Tropical Fruit Mix	WG Breadstick/Marg	WG Breadstick/Marg	Oatmeal Cream Pie	Cauliflower
1% or Skim Milk	Fresh Orange	Cinnamon Apple Slices	or Diet Cookies	Marble Rye/Marg
	1% or Skim Milk	1% or Skim Milk	1% or Skim Milk	Mixed Berry Animal Cracker
				1% or Skim Milk
<b>Monday</b> <b>4/21/2025</b>	<b>Tuesday</b> <b>4/22/2025</b>	<b>Wednesday</b> <b>4/23/2025</b>	<b>Thursday</b> <b>4/24/2025</b>	<b>Friday</b> <b>4/25/2025</b>
Chicken Spaghetti with WG Pasta Casserole	All Beef Chili Dog with Chili Sauce & Shred Cheese	Country Fried Steak with Country Gravy	Chicken Breast in Creamy Pesto Sauce	Pork Chop in Gravy
Green Peas	Diced Potatoes	Mashed Potatoes	Green Beans	Ranch Mashed Potatoes
Zucchini & Tomatoes	Broccoli Cuts	Diced Carrots	Corn	Mixed Greens Side Salad
WG Dinner Roll/Marg	WG Hot Dog Bun	Honey Wheat Bread/Marg	Hearth Roll/Marg	Dressing PC
Diced Peaches	WG Confetti Cookie	Sliced Pears	Fruit Mix	WG Dinner Roll/Marg
1% or Skim Milk	or Diet Cookies	1% or Skim Milk	1% or Skim Milk	Apple Crisp or Applesauce
	1% or Skim Milk			1% or Skim Milk
<b>Monday</b> <b>4/28/2025</b>	<b>Tuesday</b> <b>4/29/2025</b>	<b>Wednesday</b> <b>4/30/2025</b>	<b>April Fun Fact: Arbor Day sprouted from the mind of a zealous tree lover named Julius Sterling Morton, who had a passion for planting all kinds of trees.</b>  <b>The first Arbor Day occurred on April 10, 1872, in Nebraska City, Nebraska. It's estimated that nearly one million trees were planted on this day.</b>	
Cheesy Chicken Breast	BBQ Pork Rib Patty	Meatballs in Brown Gravy		
Fiesta Rice	BBQ Baked Beans	Mashed Potatoes		
Broccoli Cuts	Diced Carrots	Diced Glazed Beets		
WG Breadstick/Marg	WG Coney Bun	Petite Roll/Marg		
Chocolate Pudding or Diet Pudding	Peaches & Strawberries	Mandarin Oranges		
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk		

# AUGUST DELI MENU



Tuesday 4/1/2025	Wednesday 4/2/2025	Thursday 4/3/2025	Friday 4/4/2025
Three Meat Hoagie	Turkey Chef Salad	Unrustable Peanut Butter &	Roast Beef Chef Salad
Turkey, Ham, Roast Beef	Diced Turkey, Diced Egg	Grape Jelly Sandwich	Roast Beef, Diced Egg
American Cheese	Amer. Cheese & Grape Tomatoes	String Cheese Stick	Amer. Cheese & Grape Tomatoes
w/ Lettuce & Tomato	over Mixed Greens	Fresh Carrot & Celery Sticks	over Mixed Greens
Pea Salad	Crackers (2pk)/Apple Juice	Cinnamon Pear Slices	Crackers (2pk)
Fruit Cocktail	Fruited Diet Jell-O	1% or Skim Milk	100% Apple Juice
1% or Skim Milk	1% or Skim Milk		Mandarin Oranges
			1% or Skim Milk

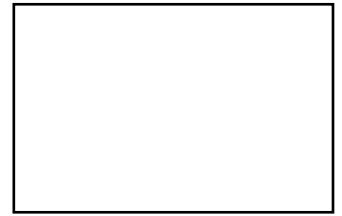
Monday 4/7/2025	Tuesday 4/8/2025	Wednesday 4/9/2025	Thursday 4/10/2025	Friday 4/11/2025
Crab Salad on	Monte Cristo Sandwich w/	Ham & American	Turkey & Swiss on	Classic Chef Salad
Marble Bread	Ham, Turkey, Swiss Cheese	Cheese on Vienna Bread	Sweet Bun	Turkey, Ham, Diced Egg
w/ Lettuce & Tomato	& Raspberry Preserves	w/ Lettuce & Tomato	w/ Lettuce & Tomato	American & Grape Tomatoes
Cowboy Caviar	on French Toast	Coleslaw	Broccoli Salad	over Mixed Greens
Fudge Round	Potato Salad	Decorated Birthday Cake	Diced Pears	Crackers (2pk)
or Diet Cookies	Fruit Fluff	or Plain White Cake	1% or Skim Milk	100% Grape Juice
1% or Skim Milk	1% or Skim Milk	1% or Skim Milk		Cinnamon Applesauce
				1% or Skim Milk

Monday 4/14/2025	Tuesday 4/15/2025	Wednesday 4/16/2025	Thursday 4/17/2025	Friday 4/18/2025
Polish Sausage	Tuna Salad on	Turkey Chef Salad	Cranberry Chicken Salad	<b>Animal Cracker Day</b> Roast Beef & Swiss on WG Bread w/ Lettuce & Tomato Potato Salad Mixed Berry Animal Cracker 1% or Skim Milk
Shredded Kraut & Cabbage	Honey Wheat Bread	Diced Turkey, Diced Egg	on a Croissant	
Potato Wedges	w/ Lettuce & Tomato	Amer. Cheese & Grape Tomatoes	w/ Lettuce & Tomato	
WG Mini Hoagie Bun	Potato Salad	over Mixed Greens	Broccoli Salad	
Tropical Fruit Mix	Fresh Orange	Crackers(2pk)	Oatmeal Cream Pie	
1% or Skim Milk	1% or Skim Milk	100% Fruit Punch	or Diet Cookies	
		Cinnamon Apple Slices	1% or Skim Milk	
		1% or Skim Milk		

Monday 4/21/2025	Tuesday 4/22/2025	Wednesday 4/23/2025	Thursday 4/24/2025	Friday 4/25/2025
Black & Bleu Salad	Egg Salad on	Turkey & Cheddar	BLT Supreme Salad	Deli Ham &
Roast Beef, Blue Cheese	Croissant	on Kaiser Bun	Diced Turkey, Chopped Bacon	American Cheese
Caramelized Red Onion	w/ Lettuce & Tomato	w/ Lettuce & Tomato	Diced Tomato & Mixed Greens	on WG Bread
over Mixed Greens	Coleslaw	Marinated Vegetable Salad	WG Breadstick/Marg	w/ Lettuce & Tomato
with Grape Tomatoes	WG Confetti Cookie	Sliced Pears	100% Fruit Punch	Potato Salad
Crackers & 100% Grape Juice	or Diet Cookies	1% or Skim Milk	Fruit Mix	Apple Crisp or
Diced Peaches	1% or Skim Milk		1% or Skim Milk	Applesauce
1% or Skim Milk				1% or Skim Milk

Monday 4/28/2025	Tuesday 4/29/2025	Wednesday 4/30/2025	<p><b>Did you ever wonder how April Fool's Day started? It is speculated that the custom of April Fools began in France during the 16th century, after the New year calendar was moved from April 1st to January 1st. Those who continued to celebrate the April new year were considered fools, and often the victims of practical jokes. Today we just like to have a little fun with our friends!</b></p>	
Ham & Cheddar on	Roast Beef Chef Salad	Turkey & American		
Wheat Bread	Roast Beef, Diced Egg	Cheese on Vienna Bread		
w/ Lettuce & Tomato	Amer. Cheese & Grape Tomatoes	w/ Lettuce & Tomato		
Carrot Raisin Salad	over Mixed Greens	Potato Salad		
Chocolate Pudding	Crackers(2pk)	Mandarin Oranges		
or Diet Pudding	100% Apple Juice	1% or Skim Milk		
1% or Skim Milk	Peaches & Strawberries			
	1% or Skim Milk			

Bellevue Senior Community Center  
109 W. 22nd Avenue  
Bellevue, NE 68005



*Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.*

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

*Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30<sup>th</sup>, 2025.*