


July Menu

Call in and order a Hot or Deli - served at 12:00 noon

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Please call before noon to tell us if you would like to have lunch the next day. Suggested contribution for lunch is \$4.00 for seniors</p>			<p>1 HOT MEAL: Cheeseburger w/lettuce, pickles, tomato, onion, WG bun, coleslaw</p> <p>DELI: Chef salad, Ham, Turkey, Diced egg, tomatoes, Apple juice, WG breadstick</p> <p>DESSERT: Sugar cookie</p>	<p>2 HOT MEAL: Oven fried chicken breast, Mashed Potatoes & gravy, Broccoli, WG dinner roll</p> <p>DELI: Roast Beef Chef Salad, diced egg, tomatoes over Romaine blend salad, crackers</p> <p>DESSERT: Melon cup</p>
<p>5 </p>	<p>6 HOT MEAL: Salisbury steak & mushroom gravy, mashed potatoes, capri blend vegetables. WG dinner roll</p> <p>DELI: Turkey & Cheddar on Vienna bread w/ tomato & lettuce, Pea salad</p> <p>DESSERT: Butterscotch pudding</p>	<p>7 HOT MEAL: Cheesy Broccoli Chicken breast, Brown Rice Pilaf, honey roasted baby carrots, roll</p> <p>DELI: Italian Sandwich, turkey, ham, pepperoni Swiss American cheese, red onions, pepperoncini on Vienna bread</p> <p>DESSERT: Tropical fruit mix</p>	<p>8 HOT MEAL: Pork Fritter w/gravy, baked potato/sour cream, Mediterranean blend veg. WG bread stick</p> <p>DELI: Black & Blue salad, roast beef, blue cheese, caramelized red onion, Romaine lettuce blend, Crackers 100% Apple juice</p> <p>DESSERT: Strawberry delight</p>	<p>9 HOT MEAL: BBQ meatballs, Macaroni & Cheese, mixed vegetables, Wheat bread</p> <p>DELI: Cranberry Chicken Salad on Croissant w/ lettuce and Tomato, Potato salad</p> <p>DESSERT: Mandarin Oranges</p>
<p>12 HOT MEAL: Grilled Chicken sandwich on bun, BBQ baked beans, potato wedges</p> <p>DELI: Chef Salad, Ham, Turkey, Diced Egg, grape Tomatoes, 100% fruit punch, WG breadstick</p> <p>DESSERT: Fudge Round</p>	<p>13 HOT MEAL: WG Spaghetti & Meatballs, Romaine Blend Salad, Italian blend vegetables, WG Breadstick</p> <p>DELI: Ranch chicken salad on Kaiser bun w/ lettuce & tom. Broccoli Salad</p> <p>DESSERT: Applesauce</p>	<p>14 HOT MEAL: Pork Chop w/ pineapple salsa, Sweet potato, broccoli salad, WG petite roll</p> <p>DELI: Roast Beef & Swiss on WG Bun w/lettuce & tomato, three bean salad</p> <p>DESSERT: Birthday cake</p>	<p>15 HOT MEAL: Potato Crusted Fish, potato medley, green beans, WG breadstick</p> <p>DELI: Creamy cheese tortellini over Romaine blend salad, grape tomato, black olives, croutons</p> <p>DESSERT: Rice Krispy Bar</p>	<p>16 HOT MEAL: Meatloaf in tomato gravy, cheesy hash browns, peas, WG sliced bread</p> <p>DELI: Ham salad on Rye bread w/lettuce & tomato, Cowboy caviar</p> <p>DESSERT: Strawberries & pineapple</p>
<p>19 HOT MEAL: Cod Loin in Italian cream sauce, garlic roasted baby reds, Brussels sprouts, rye bread</p> <p>DELI: Sliced turkey & American cheese on bun w/lettuce & tom. Marinated Vegetable salad</p> <p>DESSERT: Fudge Round</p>	<p>20 HOT MEAL: Breaded Chicken tenders, twice baked mash potatoes, green beans, WG dinner roll</p> <p>DELI: Crab Salad on Croissant w/lettuce & tom. Sweet potato salad</p> <p>DESSERT: Apricot halves</p>	<p>21 HOT MEAL: Italian Casserole w/ground sausage & peppers, Alfredo & Cavatapi Pasta, Romaine blend salad, cauliflower, Italian dinner roll.</p> <p>DELI: Tuna Salad on WG bread w/Lettuce & tom. Pea salad</p> <p>DESSERT: Ambrosia Salad</p>	<p>22 HOT MEAL: All Beef Chicago Dog, sliced tomato, pickle, diced onion on hot dog bun, Potato Wedges</p> <p>DELI: BLT Supreme Salad, diced turkey, shred cheese over Romaine blend, crackers, vegetable juice</p> <p>DESSERT: Applesauce</p>	<p>23 HOT MEAL: Chicken Marsala, diced sweet potatoes, zucchini & Tomatoes, Honey Wheat bread</p> <p>DELI: Roast Beef & Cheddar on Vienna bread w/lettuce & tom. Three bean salad</p> <p>DESSERT: Choc. Chip cookie</p>
<p>26 HOT MEAL: BBA Pork Sandwich on Kaiser bun, Scalloped Potatoes, Broccoli Salad</p> <p>DELI: Philly Cheesesteak Salad-roast beef, peppers, onions, shred cheese over Romaine blend salad</p> <p>DESSERT: Pineapple Tidbits</p>	<p>27 HOT MEAL: Soft shell beef taco w/Shred lettuce, diced tom. Shred cheese, Tator Tots, 8" flour tortilla shell</p> <p>DELI: Chicken Caesar Salad, homemade croutons over Romaine blend salad, 100% grape juice</p> <p>DESSERT: Diced pears</p>	<p>28 HOT MEAL: Open faced roast beef on WW bread, Mashed Potatoes/Gravy, diced beets</p> <p>DELI: Egg Salad on Vienna bread w/lettuce/tomato, Marinated vegetable salad</p> <p>DESSERT: Vanilla pudding</p>	<p>29 HOT MEAL: Chicken Fried Rice, Oriental blend vegetables, carrot coins, fortune cookie, cinnamon raisin bread</p> <p>DELI: Roast beef chef salad - roast beef, diced egg, grape tomatoes over Romaine Blend, 100% grape juice, crackers</p> <p>DESSERT: Strawberry shortcake</p>	<p>30 HOT MEAL: Sliced Turkey & Gravy, mashed potatoes, green peas, WG breadstick</p> <p>DE LI: Ham Chef Salad-diced ham, diced egg, American cheese, grape tomatoes Romaine Lettuce Blend, 100% fruit juice, crackers</p> <p>DESSERT: Cinnamon apple slices</p>