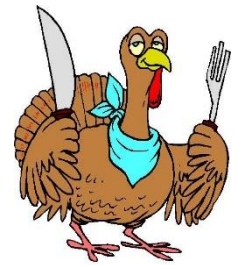




BELLEVUE SENIOR Community Center



*Golden opportunities await a
new day!*

109 W. 22nd St. Bellevue, NE 68005 (402) 293-3041
Mon. Tues. Wed. Fri. 8:00 am - 4:00pm Thurs. 8:00 am – 7:30 pm

BOARD OF DIRECTORS

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Hello People!

Another successful fundraiser is in the books! We had a tremendous amount of support and donations from our local businesses. They donated money, gift cards, coupons and items for baskets.

Our center is filled each day with people who care – care about others, care about making a difference, and care about seeing the success of the center. We are amazed by the generosity, hard work and dedication so many of you have shown, not only for the fundraiser, but year round.

In the month of November, people often reflect on what they are thankful for, and we are very thankful for all of you! We are truly blessed to be part of this wonderful community!

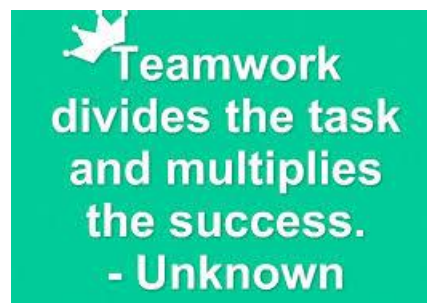
Kathy and Dawn

CENTER STAFF

Kathy Van Den Top,
ENOA, Manager

Dawn Jaixen
*ENOA, Assistant
Manager*

Al McGinness
Program Aide



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Momma Mia – Pizza-Ria! It's not just for dinner. Our breakfast pizza can't be beat! You won't want to miss out on this delicious dish! Join us on **Wednesday, November 29th at 9:00 am.**

Veteran's Day Remembrance

According to Webster: the **definition** of a US **Veteran** is any person who served honorably on active duty in the armed forces of the United States. Discharges marked "general and under honorable conditions" also qualify. Let's take time to honor those who served on **Wednesday, November 8th at 10:00 am.**

Get your fat pants ready! You'll leave our party more stuffed than the thanksgiving turkey! We will have lots of treats for you to gobble up! Our awesome entertainment will be by the LINKS! Come early to get your seat on **Tuesday, November 21st at 10:00 am.** Be sure to sign up for ENOA's Thanksgiving lunch which will be Wednesday, November 22nd at noon.

Strut your Stuff! Ladies – it's time to walk the red carpet! Sign up to model the latest fall fashions by Christopher Banks. Our show will be held on **Friday, November 17th at 10:00 am.**

Aretha said it best – R-E-S-P-E-C-T!

Do you know that we pay our entertainers to come to the center? Some take less pay coming to a senior center than what they would get paid at a regular gig. Lately, we have had some very disrespectful behavior during performances. We would hate for them not want to come back. PLEASE – silence your cell phone during their program, if you know you need to leave early please sit near the door and make your exit as quiet as possible, if you get called away during a show please do not walk in front of the performer. We encourage this to be a fun and social time. When they start performing please give them your full attention. You can resume visiting afterwards. Have fun – engage with the performer, sing and clap along, show them your support!



Chinese Culture Bellevue University students from China will be coming to visit us on **Friday, November 3rd from 9:00 am- 10:30 am.** They look forward to interacting with seniors from various centers in the metro area. They are excited to meet with our seniors and share some of their culture and experiences with us.

Methodist Students They will be here to take your blood pressure and visit with you regarding your health concerns. Stop by to see them on **Thursday, November 9th and 30th, both days from 10:00 am – noon.** Staying on top of your health is important !

Diabetics are naturally sweet! Theresa from Interim Health will be discussing diabetes with us on **Tuesday, November 14th at 11:15 am.** She will have lots of information you won't want to miss out on!








Family Fare Receipts We have around 40,000 points, and need 150,000. Ask you family and friends to save the receipts for us.

Senior Care Clinic Due to the Thanksgiving holiday the clinic has been moved up to the third Thursday of the month - **Thursday, November 16th at 12:30.** Please call in advance to reserve a time for your appointment.

Daily Activities

Monday	Tuesday	Wednesday	Thursday	Friday
9:00 Chair Volleyball 9:00 Billiards 9:30 Ceramics/Singers 9:30 Needle Crafters 1:00 Mahjong 1:00 Bingo/Poker 1:00 Ceramics 1:00 Hand and Foot	8:30- Crochet Class 9:00 Billiards 9:30 Painting 9:30 Tai Chi 12:30 Duplicate Bridge 12:30 Bridge Game-2 1:00 Dominoes 1:00 Arts & Crafts Class	9:00 Chair Volleyball 9:00 Billiards 9:00 Painting Group 9:00 Hand and Foot 1:00 Bingo 1:00 Painting Group 1:00 Poker 1:00 Mahjong	8:00 Woodcarvers 8:30 Panera 9:00 Billiards 10:00 Bridge Game 2 12:30 Bridge Game 1 1:00 Bunco 1:00 Euchre 1:00 Quilters	9:00 Chair Volleyball 9:00 Billiards/Panera 9:30 Art 10:30 Exercise Class 11:15 Tai Chi 12:30 Pinochle 1:00 Bingo 1:00 Art 1:00 Parkinson's Class

Special Activities for November

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3 9:00-10:30 Chinese Students 10:00 – Book Club <i>Remember to set your clock this weekend!</i>
6 12:15 Bridge	7 10:00 – Trip to Oakview Mall	8 10:00 – Veteran's Day Remembrance 	9 10:00 – 12:00 Methodist Students 10:30 - Pokeno	10 Center Closed Veterans Day 
13 <i>Have lunch with someone new</i>	14 11:15 – Interim Health Presentation	15 10:00 – Master's Hand Trip	16 12:30 – Foot Clinic	17 10:00 Fall Fashion Show
20 <i>Be sure to sign up for lunch on Wed.</i>	21 10:00 – Thanksgiving Day Party	22 12:00 – ENOA's Thanksgiving Lunch	23 Center closed 	24 Center Closed 
27	28	29 9:00 Breakfast Pizza 	30 Cal-Cutta Drawing!  10:00 – Methodist Students	

1-Mary Cole
 3-Donna Kelly
 4-Stephen Horn
 5-Anne Alexander
 6-Margaret Jackson
 8-Ann Hobbs & Pam Lewis
 9-Clella Williams & Diana Micek
 10-Vivian Adams
 12- Connie La Sure
 13- Bob Mefford & Johnnie Carter
 14-Don Muhs
 15-MaryJo Hopfensperger
 17-Walter Kujawa
 18-Gwen Petersen
 20-Deb Power
 21-Eric Riley, Larry Putnam, Chris Adams
 21- Mary Stalker & Cheri Cunningham
 22-Jane Nordaker
 23-Charlene Wirth
 26-Bert Burlingame
 29-Gary Stover, Bob Hague & Pam Jensen
 30-Barbara Johnson & Fred Claycamp



Calcutta Winner – Our September winner for our 50-50 drawing was **Marge McMillan!** She won \$198.00, the center received \$198.00 that will go towards the many activities at our center. Thank you to everyone who played.

Bingo Caller! We need someone to call Bingo on Wednesday and Friday afternoons, from 1:00 pm – 3:00 pm. Let us know if you are able to volunteer or if you know someone who would be interested!

Get a Jump on your Christmas shopping! It's hard to believe the holidays are upon us! We will go shopping at Oakview Mall. Let's make a day of it. We will leave here on **Tuesday, November 7th at 10:00 am.** There are numerous places you can have lunch, shop, and then meet back at the bus at 2:30 to come back. The bus fee is \$5.00.

Going Back by Popular Demand! Master's Hand is already decorated for Christmas and still serving wonderful lunches! Let's load up -just \$5.00 for the bus - and journey out to Tekamah for their chicken and homemade noodles over mashed potatoes, drink and dessert! Your meal is \$13.99 plus tax and tip. They have a gift shop with candles, handmade chocolates, home decorations and jewelry. We will leave the center at **10:00 am on Wednesday, November 15th,** shop a bit, lunch at noon, and then more shopping after dessert. We will head back to the center around 2:00 pm.



WE DID IT !!



Once again we have surpassed our goal! We were hoping to raise \$12,000 at our fundraiser and we made \$12,456.00! Thank you to our sponsors:

\$1000.00 – Prairie Wealth Advisor – Paula Deitering, Hillcrest Health Systems, Bellevue Memorial Chapel

\$500.00- Nebraska Medical

\$250.00 – Heritage Ridge, Great Southern Bank, Eye Specialists

\$150.00 – Hike Real Estate, Erwin's, Hoogeveen Chiropractic, Bellevue University, Dean Junger's Law Firm

Please support the following companies who donated to the center:

Hy-Vee
Honda Cars of Bellevue
Papa Murphy's Pizza
Fazoli's
Hometown Sears
Thomas C Thomas CPA
Panera Bread
Cedar Bar
Chick-Fil- A
Don & Millie's

Fontenelle Forest
Bellevue Berry Farm
Bellevue Little Theater
Pepper Jax Grill
Stella's Bar & Grill
SAC Credit Union
Dick Rupert-State Farm
Roma's Resturant
Eagles
Henry Doorley Zoo

Host Coffee
Sorties Bar
Storm Chasers
Petrow's
Tregaron Golf
Family Fare
Golden Bowl
Village Inn
Greek Island
Famous Dave's

We could not do this without the countless hours many volunteers have put towards our event. Thank you to those who shopped for basket items, wrapped baskets, made bows and tags, sold tickets, bought tickets, helped in the kitchen, bought food items for the dinner, donated cash and items, helped set up, decorate and take down at the hall. **The Volunteer Firefighter Hall gave us a discount to hold our event there.** Our board members, Susie from ENOA, the students from Bellevue East and Bellevue University were also very instrumental in our success!



Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>6 HOT MEAL: Chicken Fajitas, Chicken Breast Strips, Fajita Blend Vegetables, in a Flour Tortilla Shell, Chuckwagon Corn DELI: Sliced Ham & American Cheese on a Wheat Bun w/Lettuce & Tomato, Potato Salad DESSERT: Diced Peaches</p>	<p>7 HOT MEAL: Potato Crusted Fish, Au gratin Potatoes, Glazed Beets, Dinner Roll DELI: Turkey Chef Salad, Turkey & Sliced Egg, American & Swiss Cheese over Tossed Salad Mix DESSERT: Tropical Fruit Mix</p>	<p>8 HOT MEAL: Fried Chicken Breast, Whipped Potatoes, Chicken Gravy, Green Beans, Multigrain Bread DELI: Roast Beef Chef Salad, Sliced American & Swiss Cheese, Sliced Egg, Apple Juice DESSERT: Birthday Cake</p>	<p>9 HOT MEAL: Beef & 3 Bean Chili, Baked Potato w/ Sour Cream, Tossed Salad, Cornbread DELI: Tuna Salad on Vienna Bread w/ Lettuce & Tomato, 3 Bean Salad DESSERT: Hot Cinnamon Apples</p>	<p>10 Center Closed Happy Veterans Day</p> 
<p>13 HOT MEAL: Turkey Fritter, Red Roasted Potatoes, Mixed Vegetables, Vienna Bread DELI: Ham Salad on Marble Rye, w/ Shredded Lettuce & Tomato, California Pasta Salad DESSERT: Fresh Fruit</p>	<p>14 HOT MEAL: Italian Casserole w/ Penne, Roasted Baby Carrots, Green Beans, Italian Roll DELI: Creamy Crab & Baby Shrimp Macaroni Salad on Tossed Salad Mix, Tomato Wedges, Crackers DESSERT: Butterscotch Pudding</p>	<p>15 HOT MEAL: Meatballs w/ Brown Gravy, Cheesy Hash Brown Potatoes, Green Peas, Wheat Roll DELI: Turkey & Cheddar Cheese on Wheat Bread, w/ Lettuce & Tomato, Herb Roasted Potato Salad DESSERT: Pear Slices</p>	<p>16 HOT MEAL: Sliced Roast Beef & Gravy, Mashed Potatoes, Seasoned Cabbage & Carrots, Rye Bread DELI: Chicken Salad on Croissant w/ Lettuce & Tomato, Carrot Raisin Salad DESSERT: Peanut Butter Cookie</p>	<p>17 HOT MEAL: Shredded BBQ Chicken Sandwich on a Wheat Bun, BBQ Baked Beans, Potato Salad DELI: Roast Beef Chef Salad, Sliced Egg, Swiss & American Cheese over Tossed Salad Mix, Orange Juice, Crackers DESSERT: Fruit Cocktail</p>
<p>20 HOT MEAL: All American Beef & Potato Skillet, California Blend Vegetable, Marble Rye Bread DELI: Turkey Chef Salad, Sliced Egg, American & Swiss Cheese over Tossed Salad Mix, Crackers DESSERT: Peach Crisp</p>	<p>21 HOT MEAL: Country Fried Steak w/ Gravy, Garlic Whipped Potatoes, Country Blend Vegetables, Vienna Bread DELI: Egg Salad on Pumpernickel Bread, w/ Lettuce & Tomato, Coleslaw DESSERT: Mandarin Oranges</p>	<p>22 HOT MEAL: Turkey Breast w/ Gravy, Bread Dressing, Whipped Potatoes, Green Peas w/ Onions, Cranberry Sauce, Dinner Roll DELI: Roast Beef & Cheese on Wheat Bread w/ Lettuce & Tomato, Broccoli Salad DESSERT: Pumpkin Pie</p>	<p>Happy Thanksgiving Center Closed</p>  <p>Happy Thanksgiving Center Closed</p>	
<p>27 HOT MEAL: Baked Cod Loin in a Pesto Cream Sauce, Mashed Sweet Potatoes, Green Beans, Wheat Bread DELI: Chicken Caesar Salad, Caesar Dressing, Croutons over Tossed Salad Mix, Apple Juice DESSERT: Fresh Fruit</p>	<p>28 HOT MEAL: Swedish Meatballs, Baked Potato, Sour Cream, Stewed Tomatoes, Wheatberry Roll DELI: Fiesta Chicken Salad Wrap, Corn & Black Bean Relish, Lettuce & Tomato, Chipotle Mayo DESSERT: Vanilla Pudding</p>	<p>29 HOT MEAL: Cheese Ravioli in a Marinara Sauce, Tossed Salad, Italian Blend Vegetables, Breadstick DELI: Classic Chef Salad, Turkey, Ham & Diced Egg, American & Swiss Cheese, over Tossed Salad Mix, Grape Juice, Breadstick DESSERT: Hot Cinnamon Apples</p>	<p>30 HOT MEAL: Chicken Breast & Fiesta Cream Sauce, Refried Beans, Fiesta Brown Rice, Cinnamon Raisin Bread DELI: Denver Omelet Salad, Ham, Bacon, Green Peppers, Onion, Egg, Cheddar Cubes, over Chopped Lettuce, Orange Juice DESSERT: Pineapple</p>	<p>Please call before noon to tell us if you would like to have lunch here the next day.</p> <p>Suggested contribution for lunch is \$3.50 for seniors</p>

Dinner Meal Every Thursday at 5:30 pm

Come join us for good food and great conversation every Thursday night at 5:30 pm. Skim or 1% milk, tea, water, and coffee are available for every meal. For those over 60 there is a suggested contribution of \$4.00.



November 2nd, 2017

Beef Stroganoff, Oregon Blend Vegetables, Tossed Salad, Pumpernickel Bread, Marble Cake



November 9th, 2017

Fried Chicken, Mashed Potatoes with Gravy, Green Beans, Biscuit, Chocolate Surprise



November 16th, 2017

Baked Cod with a Citrus Cream Sauce, Baked Potato with Sour Cream, Garden Blend Vegetables, Dinner Roll, Strawberry Shortcake with Whip Cream



November 30th, 2017

Soft Shell Taco, Mexican Corn, Spanish Rice, Cherry Cobbler



© Can Stock Photo - csp11601854

Thursday Night Dinner

Please be sure to make your reservations a week in advance as our dinners have been growing in size. We need to place our orders the Friday before. Thank you for all your support and loyalty

Bellevue Senior Community Center
109 W. 22nd Avenue
Bellevue, NE 68005



Over the past few years, the Bellevue Senior Community Center has experienced tremendous growth. As we continue to grow, we are always looking for new ways to improve the center. We strive to add activities and events, provide services to our area seniors, and give the seniors who attend our center a chance to get involved and give back; all the while keeping the senior center's costs and overhead low. Continuing to grow while faced with today's economy is not always an easy task.

*Because of our growth, the Bellevue Senior Community Center has created another opportunity for seniors and others to support us, **The Bellevue Senior Community Center Booster Club**. The Booster Club is a **100% voluntary club** that supports the efforts of the center. The cost to belong to the Booster Club is **\$24 per year**. We pro-rate the cost if you sign up now to **ONLY \$2.00 a month!***

Please complete an enrollment form and take it to the Front Desk at the Bellevue Senior Community Center. Your membership will be valid through June 30th, 2018.